

LAUREN RADACK

Hosalkar Institute for Joint Preservation & Injury Care

Recognized as one of San Diego’s most well-known and successful orthopedic surgeons, Dr. Harish Hosalkar offers a level of expertise in the areas of open hip joint preservation and arthritis prevention surgery previously unavailable in this entire region. An accomplished surgeon, Dr. Hosalkar is also trained in traumatology and complex fracture care, hip and pelvis reconstruction, limb-lengthening and deformity correction, children’s orthopedic problems, tumor surgery, and neuromuscular orthopedic surgery, including management of traumatic brain injury, stroke, and spasticity.

With almost 23 years of experience, Dr. Hosalkar has encountered numerous clinical problems over the years, and imparts that knowledge by frequently lecturing and teaching medical students, residents, and practicing physicians in both the art and science of orthopedics and musculoskeletal health and rehabilitation. He has participated in administrative and leadership positions in health care at the regional, national, and international levels. On a personal level, Dr. Hosalkar believes in putting patient care first and prioritizes exceptional patient-doctor communication.

“Patients need to understand their diagnosis and treatment plan and be aware of what to expect in the course ahead,” he explains. “I treat every patient as if they are the only patient, with personal attention and compassion.”

Dr. Hosalkar is affiliated with multiple hospital systems in San Diego, including Scripps, Sharp, Paradise Valley Hospital, and Tri-City Medical Center. A dedicated family man with a beautiful wife and two children he adores, Dr. Hosalkar loves cooking, reading, hiking, traveling, singing—and, of course, seeing patients. “I enjoy connecting with people and taking care of them. Life is motion and motion is life—I feel a great sense of accomplishment in assisting fellow humans with their musculoskeletal ailments and helping them return to their life and function while controlling or eliminating their pain.” ■

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